



HEATWAVE ALERT



Drink water and keep cool



Avoid
alcohol



Spray yourself
with water



Avoid
the sun

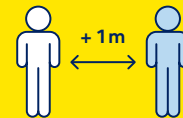
+ Continue to apply all the protective measures against COVID-19



Wash your hands regularly



Wear a mask



Keep one metre apart

**DESPITE THE HEAT, WEARING A MASK IS STILL MANDATORY
ON PUBLIC TRANSPORT**

**IF YOU FEEL FAINT,
CALL 15**

For more information:
0 800 06 66 66 (free)
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